**ECE 2019: 21st European Congress of Endocrinology**

**Lyon, France 18 - 21 May 2018**

**ECE 2019 NURSE PROGRAMME**

**Dear Nurse Colleagues**

We are delighted to invite you to the 21st European Congress of Endocrinology (ECE) which will take place in Lyon, France. Our Nursing Programme will start on Saturday 18th May with a half-day pre-congress course which will be held jointly with the WAPO (World Alliance of Pituitary Organizations) and the French Endocrine Nurses Group, where we will share our collaborative work and expertise in pituitary conditions. **We are also pleased to have secured funding to offer 25 travel grants of €400 Euros for ESE Nurse members to attend the pre-congress course.**

For the main ECE Nurse Programme, our two MDT symposia will bring the latest developments in parathyroid disorders and immunotherapy with relevance to endocrinology, and Professor Ruth Northway will be our Nurse Expert discussing holistic care for patients with intellectual/learning disabilities. We are also delighted to celebrate the launch of the first ever textbook published for endocrine nurses, *Advance Practice in Endocrinology Nursing*, which was initiated under the auspices of ESE and edited by members of the ESE Nurses Working Group. Please join us for the launch event and a series of workshops during the professional development and networking session on Sunday afternoon.

We would welcome your suggestions for future topics and speakers for our sessions and ideas for European-wise project collaborations or exchange programmes.

It is also a great pleasure to inform you that once again the congress registration fees for ESE nurse members will be substantially reduced to just €130 Euros. **You can join the ESE Nurses Network for a reduced rate for nurses at just €35 Euros annually (€20 if you register via your National Society).**

We look forward to seeing you in Lyon to share our expertise and to celebrate the advances in Endocrine Nursing.

*Sofia Llahana, Chair, and Sherwin Criseno, Incoming Chair 2019, ESE Nurse Working Group*

On behalf of the ESE Nurse Working Group, ESE Executive Committee and ECE Programme Organising Committee
Pre-congress Course: joint meeting of ESE Nurses, French Endocrine Nurses Group and WAPO (World Alliance of Pituitary Organisations) *

Saturday 18th May 2019, Lyon, France (pre-ECE 2019)

12:00 pm  Lunch (WAPO participants arrive by bus to ECE2019 venue)

Meeting moderator: Kathy Redmond

12:50 pm  Welcome and meeting objectives
Sofia Llahana, ESE Nurses Chair
Andrei Andrusov, WAPO President
Alexandrine Bost, French Nurses Group Chair

Session 1:
Chairs: Andrei Andrusov, Elena Shelestova and Alexandrine Bost
(20 min presentations + 5 min Q&A per speaker)

13.00 pm  Residual Morbidity and impact on Quality of life in pituitary disease
Elena Valassi, Consultant Endocrinologist, Barcelona, Spain

13:25 pm  Shared decisions and making the best of your patient consultations
Cecilia Follin, Endocrine Nurse Practitioner, Lund, Sweden

13:50 pm  From question to evidence: developing a research or audit question and conducting projects to evaluate your practice or organisation.
Anne Marland, Endocrine Nurse Practitioner, Oxford, UK

14:15 pm  Coffee/tea break and networking – 30 min

Session 2: Developing a consensus for patient education and standards for care services for patients with Adrenal Insufficiency
Chairs: Sherwin Criseno and Muriel Marks

14:45 pm  Therapeutic Education of Patients with Adrenal and Pituitary Disorders: the French initiative
Alexandrine Bost and Brac De La Perrier, Lyon, France

15.05 pm  Adrenal insufficiency in patients with pituitary and adrenal conditions and evidence of impact of patient education
Christine Yedinak, Professor of Endocrinology Nursing, Oregon, USA

15.20 pm  Patient perspective: primary adrenal insufficiency
Johan Beun, AdrenalNet, the Netherlands

15.30 pm  Patient perspective: secondary adrenal insufficiency in pituitary conditions
Sandra Mesri, WAPO, Argentina
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<tr>
<th>Time</th>
<th>Activity</th>
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<tr>
<td>15.40 pm</td>
<td>Developing a consensus for patient education and standards for care</td>
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<td>services for patients with adrenal insufficiency: an international</td>
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<td>collaboration</td>
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<td>Sofia Llahana, Consultant Nurse in Endocrinology, ESE Nurses, London, UK</td>
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<tr>
<td>16.00 pm</td>
<td>Open discussion and Q&amp;A on Consensus proposal and next steps</td>
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<td>16.30 pm</td>
<td>Conclusions, take home messages and Group picture</td>
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<td>16:45 pm</td>
<td>WAPO will leave by bus</td>
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*Real time translation from English will be provided in Spanish (facilitated by WAPO) and French (facilitated by ECE depending on number of delegates).*
ECE 2019 Nurses Sessions 19th – 20th May

Sunday 19th May 2019

Session 1: Immuno-oncology (IO) meets Endocrinology
19th of May 2019, Sunday 10.20 – 11.50
(Chairs: Dr. Niki Karavitaki, Chona Feliciano)

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<tr>
<th>Topic</th>
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<tr>
<td>10.20 -10.55 Overview of Immunotherapy: Indications and adverse effects</td>
<td>Dr Christelle de la Fouchardiere</td>
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<td>10.55 – 11.30 Immunotherapy-induced Endocrinopathies: Assessment, Management and Monitoring</td>
<td>Dr. Daniel Morganstein (London, UK)</td>
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<tr>
<td>11.30 – 11.50 The Role of the Endocrine Nurse in Managing Patients with Immunotherapy-induced Endocrinopathies</td>
<td>Sherwin Criseno (Birmingham, UK)</td>
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Session 2: Meet the Nurse Expert
19th of May 2019, Sunday 12.00 – 13.00
(Chairs: Sherwin Criseno and Janina Sauerwald)

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| Nursing Approach To The Holistic Care of Patients with Intellectual Disability | Prof. Ruth Northway  
Professor of Learning Disability Nursing, (Wales, UK) |

13.00 – 14.30 pm – Textbook launch, lunch and informal networking*


*All ESE members and ECE delegates receive a 20% discount on the price of the book. Order online via www.sringer.com or click here and use coupon ESEmember or ECEmember at checkout. Available also to purchase on site at ECE from the WisePress Booth in the Exhibition Hall.
Session 3: Professional Development
19th of May 2019, Sunday 15.00 – 17.00

(Chairs: Sofia Llahana and Sherwin Criseno)

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| 15.00 – 15.30 Update from the ESE Nurses Working Group, future projects and presentation of Poster Awards | Dr. Sofia Llahana  
Chair, ESE Nurses Working Group  
(London, UK) |
| 15.30 – 15.45 2018 Poster Award Presentation: A Nurse-led clinic for patients on Testosterone replacement therapy | Anna Hawkins (UK) |

15.45 – 17.00 Parallel WORKSHOPS
Delegates will be given a chance to rotate to two workshop sessions

| 40 minutes | Workshop 1: How to use the Textbook in Advanced Endocrine Nursing and Competency Framework to develop your clinical practice (Adrenal Insufficiency) | Dr. Sofia Llahana (London, UK), Ann Marland (Oxford, UK) and Johan Beun |
| 40 minutes | Workshop 2: MY DIABBY – Improving skills and competence in diabetes education | Houaria Guenoun, Marie-Frédérique LEAL and Carole Chanson (Lyon, France) |
| 40 minutes | Workshop 3: How to use the Textbook in Advanced Endocrine Nursing and Competency Framework to develop your clinical practice (Acromegaly) | Chris Yedinak (USA), Lisa Shepherd (Birmingham, UK) Muriel Marks (WAPO) |
Monday 20th May 2019

Session 4: Parathyroid Disorders
20th of May 2019, Monday 10.20 – 13.00
(Chairs: Dr. Zaki Hassan-Smith [confirmed] and Maria Pedersen)

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<tr>
<td>10.20 – 10.55 Hypoparathyroidism: Aetiology, diagnosis and challenges in management.</td>
<td>Dr. Ansgar Heck (Norway)</td>
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<td>10.55 – 11.30 Hyperparathyroidism: Evidence-based screening and management</td>
<td>Dr. Rachel Crowley (Ireland)</td>
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<td>11.30 – 12.05 Parathyroid Surgery: Indications and Consequences</td>
<td>Prof. Jean Christophe LIFANTE (Lyon, France)</td>
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13.00 – 14.00 pm – Poster viewing and presentations, lunch and informal networking, exhibition area