

NEWSLETTER Fall/Winter 2018

www.endo-nurses.org

endocrinenurses@gmail.com

Thank you to all who made our 2018 ENS Symposium a success. We are busy planning for next year's symposium to be held on Saturday, March 23, 2019 at the Ernest N. Morial Convention Center in New Orleans, LA. Register online at www.endocrine.org/endo -2019. We hope to see you there!

ENS ANNUAL SYMPOSIUM 2019

Topics to Include:

- Advances in the Management of Gastrointestinal and Pancreatic Neuroendocrine Tumors
- Educating Nurses in Fragility
 Fracture Management
- Improving Obesity Care: The Role of Lifestyle Interventions in Obesity Care and Management
- Challenges in the Diagnosis and Management: Cushing's disease, Gigantism (Acromegaly), Hypopituitarism
- Primary Medical and Preventative Care Needs of Transgender Clients

Join us after the sessions for the annual ENS business meeting, followed by posters and reception.

Member News

Congratulations to **Dr. Margaret Eckert Norton**, recipient of the second Betsy Love McClung Endocrine Nurse Development Award. This award is offered to an endocrine nurse who has made an outstanding contribution to endocrine nursing. Dr. Eckert Norton is the current chair of The Endocrine Society Advocacy and Public Policy Core Committee and served as past president of the Endocrine Nurses Society.

Thanks to Melanie Westfall and ENS treasurer Molly Solares who have organized ENS regional meetings in Arizona. These meetings have been held monthly since this summer and have recruited several new ENS members! ENS hopes to pilot these regional meetings in several other cities in the future. If you are interested in starting meetings in your city, please contact the board at endocrinenurses@gmail.com.

Congratulations to many of our ENS members on the recent publication of the **Advanced Practice in Endocrinology Nursing!**

Congratulations to:

Chris Yedinak, Kathryn Kreider, Raven McGlotten, Amy Mundy, Karen Pulaski-Liebert, Daphne Adelman, Margaret Norton, Phillip Yeoh & Saundra Hendricks.

We need your help!

Our website needs new content. Please consider sharing your protocols, patient education materials, and



any other resources you find helpful in your clinical practice. We have had a specific request for patient education materials on endocrine testing. Also consider sharing upcoming educational events that may be relevant for our members. Please email endocrinenurses@gmail.com and we will post your info on our site. Thank you!

Endocrine Nursing Textbook Now Available for Pre-Order

This textbook is an international collaboration by endocrine nurses from around the world.

Many of our ENS members contributed.

Order your advanced copy today:

Advanced Practice in Endocrinology Nursing

Amazon.com

https://www.springer.com/fr/book/9783319998152

ENS BOARD 2018-2019

ENS Research Award (\$1000)

2018 Awards and Grants

- To support development of a clinical project or independent research study to address needs of endocrine patients
- Recipients will be expected to present a poster outlining their work at ENS symposium in 2019
- Duration of grant is one year but grantees can apply for an extension for the 2nd year

Application deadline is February 1, 2019

Poster Award (up to \$500)

- Members are encouraged to submit abstracts for poster display at the Endocrine Society's Annual meeting
- 1) Submit to Endocrine Society OR
- Submit to ENS specifically. If you submit to ENS you will be eligible for a poster award.

Submit to endocrinenurses@gmail.com

Find more information on our website.

Deadlines: November 7th (ES) and Feb 1, 2019 (ENS)

Betsy Love McClung Award (\$1500)

In memorandum of a founding member. Award to a nurse with similar achievements to Betsy, who has made an outstanding contribution to endocrine nursing through education, research, publications, quality of patient care.

Application deadline is February 1, 2019

PRESIDENT Christine Yedinak DNP FNP-BC MN RN, PAST PRESIDENT JOAN Damon-Simon RN MBA, Texas Jayme Ewanichak MSN, CRNP, Pennsylvania Molly Solares Yeardley RN, Arizona **SECRETARY TREASURER PROGRAM** Michele Mims RN4, Tennessee **EDUCATION** Kathryn Evans Kreider, DNP, FNP-BC, BC-ADM, North Carolina Patricia Via MS RN APRN-BC, Virginia Amy Mundy FNP, BC-ADM, Virginia RESEARCH **MEMBERSHIP** Saundra Hendricks FNP BC-ADM, Texas Daphne Adelman RN, MS, Illinois **WEB MASTER** DEVELOPMENT

BOARD MEMBER-AT-LARGE RAVEN MCGLOTTEN, MSN, RN MARYLAND

NOTE FROM THE ENS PRESIDENT

Endocrine nurses rock! Over the next 2 years I aim to promote ENS as a premier society for the support of nurses caring for patients with endocrine disorders. Supporting member needs is paramount. We invite pediatric and adult nurses to enjoy the bounties of ENS and we have opened our doors to students and associate members: physician assistants and those who wish to support the mission of ENS. ENS is international in collaboration with FINE (Federation of International Nurses in Endocrinology) connecting endocrine nurses worldwide (FINE is a successful offspring of ENS).

ENS members were part of 114 authors contributing to the first Textbook of Advanced Practice in Endocrinology Nursing completed in July. The 69 chapters represent an extraordinary achievement in international collaboration. December 1-4, FINE will collaborate with ISE (The International Society of Endocrinology) and DESSA (Diabetic Educators of South Africa) to present an endocrine nursing symposium at ICE 2018 in Cape Town, South Africa. Incredible opportunities to present research and have the time of your life at a major international conference.

Enhancing the visibility and appreciation of the contribution of endocrine nurses to patient care is a second goal for the coming 2 years. ENS has historically supported research projects and promoted excellence in care by awarding research grants and poster and achievement awards. Currently, over \$5,000 is awarded to nurses annually with a goal to double these awards. Apply for travel grants Conference Travel grants to ENS/ENDO 2019 in New Orleans NOW.

Check out our 'under construction' website and give us feedback to improve accessibility, provide information and education materials, nurse connectivity, and to showcase endocrine nursing publications.

ENS is now partnering with patient organizations that allow us direct support of patient directed projects and provides patients with information re the roles and care provided by endocrine nurses. We have partnered with the Acromegaly Community and the Pituitary Society for a half day collaborative meeting at the Pituitary Society meeting in New Orleans Friday March 22nd 2019 and support the World Association of Pituitary Organizations (WAPO headquartered in Amsterdam).

Finally, we continue to improve member access to ongoing education both through our outstanding yearly symposium, online offerings and now regional symposia. The next regional symposium will be held in Phoenix AZ. Feb 2nd 2019(see brochure). Come for sun, presentations by world renowned experts and 2 great concerts. At ENS symposium in New Orleans we provide the opportunity for novice nurse presenters to gain experience in oral presentations. We are currently assessing the feasibility of providing certificates of completion for educational offerings and evaluating the long term goal of developing an accredited certification in Endocrine Nursing.

We look forward to hearing from our members regarding their need for support and recommendations for our future. We hope to see many new and current members at our next meetings

Sincerely. Chris Yedinak

Arizona Regional Symposium

Date: February 2nd, 2019

Location: Chandler Center for the Arts

250 N Arizona Avenue, Chandler AZ 85225

Lodging: San Marcos Resort Hotel

Topics: Pituitary, Lipids, Thyroid, Bones, and more!

Register: endo-nurses.org

The Nation's First Endocrinology Training Program for Nurse Practitioners Kathryn Evans Kreider, DNP, FNP-BC, BC-ADM

Nurse practitioners play a critical role in increasing access to health care in the United States. In the 2012 National Sample Survey of Nurse Practitioners (NSSNP), more than half of nurse practitioners are working in a primary care setting while approximately one-third are working in specialty settings¹. The use of nurse practitioners in non-primary care settings is expected to rise significantly by 2025² in response to increased demand and lack of physician providers. In fact, the estimated growth of NP's in specialty practice is estimated to increase by 141% by 2025, compared to 21% growth for physicians¹.

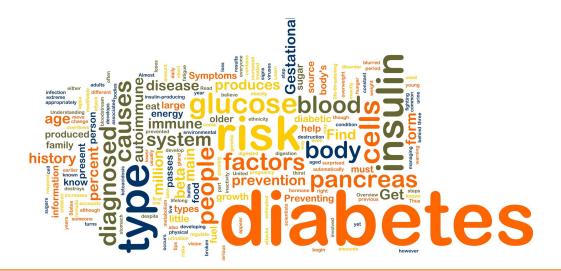
In response to the national health care crisis that includes escalating numbers of people with diabetes, obesity, and other endocrine conditions, the Duke University School of Nursing (DUSON), with funding from the Health Resource Services Administration (HRSA), developed the first endocrinology specialty training program for nurse practitioners in the United States. This innovative training program trains primary care nurse practitioners to be equipped to manage both common and complex diabetes mellitus as well as general endocrine conditions. The goal of this project, a partnership between DUSON and Duke University Medical Center, is to develop nurse practitioners with subspecialty training in endocrinology. This training is integrated within a graduate nursing program, and designed to provide theoretical and management skills for NP's to deliver care to adult patients with complex diabetes and general endocrine conditions. DUSON is the first graduate nursing program in the country to offer NP's training in both advanced diabetes management and general endocrinology, incorporating interprofessional education and collaboration. This training program includes hybrid courses that combine online didactic content coupled with interactive, hands-on training in diabetes technology and clinical care. The specialty, first enrolling students in the Fall of 2016, targets students from minority or disadvantaged backgrounds and emphasizes skills to competently manage patients from diverse and underserved backgrounds.

There are two objectives of the specialty training program. They include:

Objective #1: Expand educational preparation for primary care advanced practice nurses by advancing their knowledge through a diabetes and endocrinology concentration within Duke University MSN program.

Objective #2: Prepare and graduate culturally and ethnically diverse FNP and AGNP with the theoretical knowledge and skills to provide primary care and manage multiple chronic conditions (MCC), including diabetes/and endocrinology disorders in underserved ethnic groups in rural and community healthcare settings.

Nurse practitioners are increasingly being used for specialty care practices³. Further, NP's who practice in primary care are being presented with increasingly complex patients. NP students can benefit greatly from having additional training in specialty care.



Enrollment for the specialty program at Duke University School of Nursing begins in the Fall semester each year. Licensed nurse practitioners are eligible to enroll as specialty certificate students. F

References

Health Resources and Service Administration. **Highlights from the 2012 National Sample Survey of Nurse Practitioners.** US Department of Health and Human Services, Rockville, Md (2014)

Coombs, L. A. (2015). The growing nurse practitioner workforce in specialty care. *The Journal for Nurse Practitioners*, *11*(9), 907-909.

Fraher, E. P., Morgan, P., & Johnson, A. (2016). Specialty distribution of physician assistants and nurse practitioners in North Carolina. *Journal of the American Academy of Physician Assistants*, 29(4), 38-43.

For more information about enrollment in the Duke Endocrinology Specialty Training Program visit:

http://nursing.duke.edu/academics/programs/msn/endocrinology-



How can ENS help you in your career?

- Opportunities for scholarship and service
- Grant/Award opportunities through our annual symposium
 - Access to updated clinical information
- Networking with other endocrine nurses across the country
- Contact ENS today to learn more: endocrinenurses@gmail.com