



ENS INSIGHTS—Spring 2021

www.endo-nurses.org

endocrinenurses@gmail.com

About us



Est 1988

501(c)(3) non-profit

TIN 94-3193255

Founded in 1988, the Endocrine Nurses Society is a non-profit professional organization for Registered Nurses, Nurse Practitioners and all Health Professionals interested in collaborative, interdisciplinary practice caring for persons with, or at risk for, endocrine disorders.

*Staffed by members who volunteer
Funded by tax-deductible donations*

Who we are:

- ◇ 11% Doctorate Nurse (PhD, DNP)
- ◇ 48% Nurse Practitioner
- ◇ 61% RN/BSN
- ◇ 6% non-nurse
- ◇ 50% can prescribe
- ◇ 5% international
- ◇ 99% educators

**Next in-person ENS
symposium**

October 16, 2021

Chandler, Arizona

Program TBD

Table of Contents

In the News	Page 1
Thank You to our Sponsors	Page 2
Announcements	Page 3
ENS Initiative/Volunteer	Page 4
From the President	Page 5
From the Research Chair	Page 7
Member Spotlight	Page 8
Make a Donation	Page 9
Action Advocacy Column	Page 10

IN THE NEWS

[FDA Approves New Treatment for Adults with Cushing's Disease](#)

[Immunotherapy Treatment Delays Type 1 Diagnosis in Long Follow-Up](#)

[Type 1 Diabetes and Transgender Identity: Is There a Link?](#)

[Patients With Diabetic Ketoacidosis Have Unique Diagnostic Renal Parameters That May Suggest Disease Severity](#)



ENS is extremely grateful for the generous contribution of the sponsors who continue to support our society's mission: to support endocrine nursing education, research, and publication efforts.

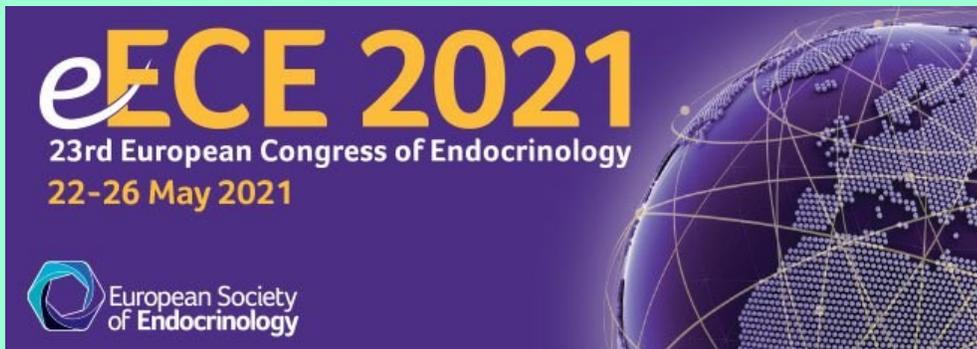
Election Results...

Member-at-Large: Raven McGlotten, MSN, RN

Congratulations

Treasurer: Molly Solares, RN

President-Elect: Debra Greenspan, ANP-BC, BC-ADM



MORE e-ECE Grants available!
Apply for membership & grants today
Deadline May 18

[Click here for more
info and to register](#)

**Be sure to
join the [ENS
Facebook
Group](#) for
updates on
conferences
such as this
one and
much more!**

ENS BOARD 2021

PRESIDENT:	Christine Yedinak DNP FNP-BC MN RN, Oregon	PRESIDENT-ELECT:	Debra Greenspan, ANP-BC BC-ADM, Tennessee
SECRETARY:	Melanie Westfall MSN FNP-C, Oregon	TREASURER:	Molly Solares RN, Arizona
PROGRAM:	E. J. Milas DNP FNP, Arizona	MEMBER-AT-LARGE:	Raven McGlotten MSN RN, Maryland
RESEARCH:	Andrew Dwyer PhD FNP-BC, Massachusetts	MEMBERSHIP:	Sandra Hendricks, MS FNP-BC, Texas
DEVELOPMENT:	Daphne Adelman MBA BSN, Illinois	EDUCATION:	Alicia Fields DNP FNP-C RYT, Indiana
ACTION ADVOCACY:	Margaret Eckert-Norton, RN PhD FNP-BC CDE	ARCHIVIST:	Julie Hellman, RN, Kansas

New ENS Initiative

ENS is happy to announce the development of an Action Advocacy Committee to further expand our community and political involvement and advocacy and improve our professional visibility and influence.

Margaret Eckert-Norton RN, PhD, FNP-BC, CDE, whom many of you know as a past president of ENS, has agreed to assist ENS with this initiative. She has served on the political outreach committee for the Endocrine Society.

Welcome Margaret and thank you for your willingness to serve in this role.

Be sure to check out the newly added Action Advocacy Column on [page 10!](#)



DID YOU KNOW?

ENS functions solely on members who **volunteer** and donate time and expertise. ENS has no paid staff and no office space.

WHY VOLUNTEER?

Volunteering can open doors for you!

Meet new colleagues, build your resume, make new friends, expand your endocrine knowledge, influence global endocrine care, identify an outlet for your creativity.

Reimbursement provided for travel and accommodation costs to both the Annual Board meeting and Symposium and Fall Board meeting

INTERESTED?

CONTACT US: endocrinenurses@gmail.com

From the President...

Presidents report March 28, 2020 to April 8 2021

Our last year began with much promise but was slowly consumed by the COVID-19 pandemic. We were unable to secure a presence at the 2020 virtual ENDO but were successful in negotiating 4 hours of 'On Demand' sessions during ENDO2021 March 19-23rd 2021.

The beginning of our year was also marred by the sudden loss of Michelle Mims, our ENS Program Chair and close friend. In honour of her contribution to endocrine nursing, we established a perpetual ENS conference travel award in her name. The first candidate for this award will be chosen to attend, hopefully, our next face to face meeting in Atlanta in June 2022. We are thankful for EJ Milas who stepped into the chair position to brave new 'virtual' territory with ENDO2022. He will describe future plans for ENS programs.

Our activities continued unabated thru the year as each chairperson will soon address. We have continued to expand our committee membership with the addition of Kat Mitchell and Nancy Johnson to our Social Media effort ,which they have successfully nurtured and grown. More in their report.

We have been able to continue efforts to support patient advocacy and vision health as it relates to endocrine disorders and have expanded to support the effort to continue tele and virtual health reimbursement post COVID-19. To that end and more, we have established a new position within the ENS board for Political Advocacy and have appointed a well-qualified past President, Margaret Eckert-Norton, as committee Chair. Margaret has a PhD in Nursing Science and Theory Development and is Associate Professor at St Joseph's College NY. She has not only served as ENS president but also as the chair of the Endocrine Society Advocacy and Public Outreach Core Committee. We welcome Margaret to this new role and will hear some of her thoughts re strategic planning upcoming.

Our financial position is stable, thanks to the efforts of our development committee with Daphne Adelman as Chair and the investments and planning of treasurer Molly Solares. We can move forward with budgeting for programs in 2021-22 with confidence in our future.

ENS membership continues to grow, thanks to the ongoing efforts of Sandra Hendricks and Gala Woitte and their committee. They're always on the alert for ways to promote the spectrum of benefits to prospective ENS members so please make suggestions. We continue to engage students, retired members and allied health professionals and welcome feedback.

Alicia Fields stepped into the position of Education chair and publisher of the 'ENS Insights'. She continues to provide information updates and welcomes communications re member publications and education needs.

Our Research Chair, Andrew Dwyer, has provided guidance for members interested in developing a research project, poster and/or manuscript. Andrew and Debra Greenspan authored the first ENS position statement which Andrew will discuss.

Molly Solares has also kept ENS in the forefront of other societies, such as AACE with whom we collaborated on the Cardiometabolic Conference, presented virtual and supported by presenters Melanie Westfall, EJ Milas and myself. We will continue this support in 2021.

Some ongoing and Projected goals for 2021/2022 include continuing to work toward national /International certification for nurses in endocrinology and further evaluation of the potential for working with a publisher re a Journal for Endocrine Nursing. Both of these efforts require a critical mass of support to move forward.

I thank all Board members, Chairpersons and Committee members for their support and look forward to some COVID free, face to face activities in 2021!

Chris Yedinak DNP, FNP-BC, MN, RN



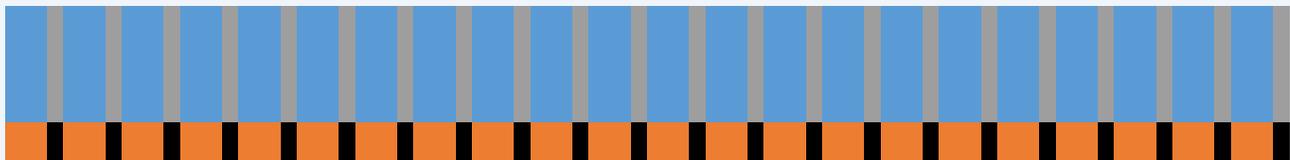
From the Research Chair...

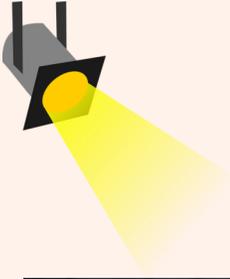
The past year has been challenging for all healthcare providers including our front-line endocrine nurses. I am pleased that despite the obstacles presented by the COVID-19 pandemic, ENS members still found time to submit abstracts to the 2021 virtual Endocrine Society meeting and share their expertise with colleagues.

I am also pleased to announce the winner of the 2021 ENS Clinical Research Grant Award. I wish to congratulate Dr. Hsiao-Hui “Joyce” Ju, DNP, RN, FNP-BC and Dr. Constance Johnson, PhD, RN, FAAN of the University of Texas Health Science Center at Houston, Cizik School of Nursing. Their proposal, “Feasibility of a patient-centered, telehealth-delivered diabetes foot care educational program” was selected for funding. This project aims to extend the reach of endocrine nursing care and pilot a novel telehealth program to bridge gaps in care of patients with diabetes. This much needed project is timely given the significant barriers to face-to-face consultations imposed by the COVID-19 pandemic.

We wish the investigators great success on their work and eagerly await to hear the study results at a future ENS symposia. Congratulations Drs. Ju and Johnson!

Andrew A. Dwyer, PhD, FNP-BC, FNAP, FAAN
ENS Research Chair





Member Spotlight

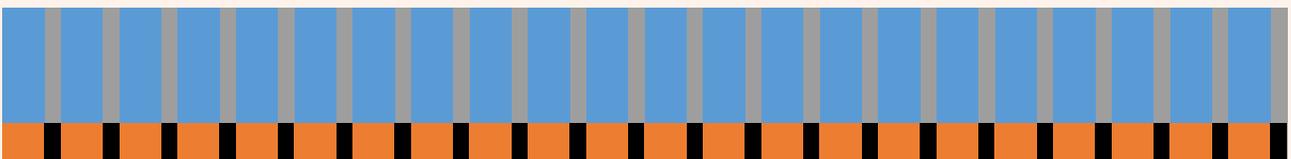


My name is Deb Greenspan and I have been a member of ENS since 2003 to the best of my recollection and no I don't belong to AA. I have been an endocrine nurse practitioner since 1999 doing general endocrinology at the VA Tennessee Valley Healthcare Facility (VATVHS) in Nashville, Tennessee collaborating with my Vanderbilt Physician colleagues as well as the other 175 nurse practitioners on the staff of VATVHS. I have served on the ENS board for the past 18 months working on the Research Committee. Most recently I collaborated with

Andrew Dwyer to present at ENDO 2021 a program on the ENS Position Statement on Transgender Care.

My background is lengthy because I am old or should I say seasoned; so I'll give you the short version. I was an ICU nurse from 1977-1994. I started working in AIDS/HIV care in 1987 in New Orleans and continued that work until 1996 albeit in Nashville from 1994-1996. I transitioned to the VA in 1996 and worked as a Women's Primary Care Provider at VATVHS, Nashville until 1999 when I joined the Endocrine Service as noted above.

I am not currently engaged in formal research but enjoy the process greatly. I presented a poster at ENS in 2013 on a patient of mine with an inoperable goiter. I have attended annual meetings intermittently over the past 18 years but now that I have retired from the VA, I look forward to serving ENS more fully. I would be honored to serve ENS as President-Elect. I have much to learn from current leadership and hope that in the post COVID era I can help ENS to thrive and grow so that we can better serve the Endocrine Nurse from LPN to DNP. Thank you.



MAKE A DONATION

Your tax-deductible donation to ENS will help Advance Endocrine Nursing & Improve Patient Outcomes

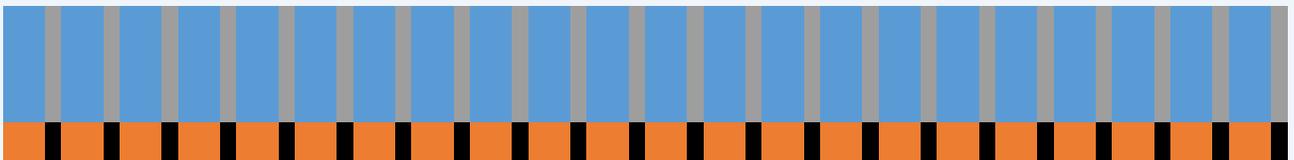
- ENS 501(c)(3) non-profit society
- ENS is staffed by members who volunteer
- Funded by tax-deductible donations
- ENS has no office space and no employees

All donations are tax deductible as a charitable contribution.

[Click Here to Donate](#)

MISSION

- To advance the highest standards of endocrine nursing practice, education, and research
- To promote healthy lifestyle choices in the prevention and management of endocrine-related health disorders
- To facilitate communication among its members, support interdisciplinary collaboration, and provide a forum





ADVOCACY

ENS has signed a letter drafted by the Alliance for Connected Care asking The U.S. Department of Health and Human Services (HHS) to allow virtual providers to deliver Medicare diabetes prevention program services for the remainder of the COVID-19 public health emergency.

ENS has also signed a letter drafted by the American Academy of Ophthalmology asking HHS to reinstate the step therapy prohibition in Medicare Advantage plans for Part B drugs.

The Medicare Payment Advisory Commission (MedPAC) is an independent congressional agency established by the Balanced Budget Act of 1997 to advise the U.S. Congress on issues affecting the Medicare program. In addition to advising the Congress on payments to health plans participating in the Medicare Advantage program and providers in Medicare's traditional fee-for-service program, MedPAC is also tasked with analyzing access to care, quality of care, and other issues affecting Medicare. [Click here](#) for the full report. An executive summary can be found on page xiii.

A few highlights MedPAC recommended to Congress...

- ◆ To provide a 2% market-basket update in 2022 for hospital inpatient and outpatient prospective payment systems
- ◆ To increase 2022 payment rates by 2% for long-term care hospitals and reduce rates for inpatient rehabilitation facilities by 5%.
- ◆ To explore a policy option for expanded Medicare coverage for telehealth after the pandemic is over. This would temporarily continue some of the expanded coverage for one or two years to gather more information regarding access to care, quality of care, and spending to inform any permanent changes.

