

ENS INSIGHTS—Winter 2021

www.endo-nurses.org

endocrinenurses@gmail.com



30th Annual Symposium

will now be
held virtually

March 20-23

during

ENDO 2021

(See announcements for
session info)

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IN THE NEWS

[Top Endocrinology News from 2020: COVID-19, Risks with EDC Exposure and More](#)

[Year in Review: Top Osteoporosis Articles of 2020](#)

[Top in Endocrinology: Vegan Diet Provides Benefits, Hyperglycemia Increases Mortality Risk](#)

[Prioritize COVID-19 Vaccination in Both Types of Diabetes, Say Docs](#)

**Thank you to our sponsors
for their generous contribution following the
cancellation of ENS 2020!**



**ENS is extremely grateful for the generous contribution
of the sponsors who continue to support our society's
mission: to support endocrine nursing education, re-
search, and publication efforts.**



ENDOCRINE NURSES SOCIETY 30TH ANNUAL SYMPOSIUM

Virtual and On-demand at ENDO2021

Registration and access via ENDO2021



Diabetes: What 30 Years Has Changed

Mark Molitch MD, Northwestern University, Chicago, Illinois
Sandra Hendricks FNP, Houston Methodist Hospital, Houston, Texas



Clinical Trials & FDA Process

Karen Pulaski-Liebert RN, Harvard University, Boston, Massachusetts
2019 Betsy Love McClung Endocrine Nurse Development Awardee
Peter Stein MD, Director, Office of New Drugs, FDA, Silver Springs, Maryland



Ups and Downs of Growth Hormones

Kevin Yuen MD, Barrow Neurological Institute, Phoenix, Arizona
Chris Yedinak DNP, FNP, Oregon Health & Sciences University, Portland, Oregon



ENS Position Statement on Transgender & Gender Diverse Care

Andrew Dwyer PhD, FNP-BC, FNAP, Boston College, Boston, Massachusetts
Debra Greenspan, ANP-BC, BC-ADM, Nashville, Tennessee



Nurse-led Clinics: Closing the Gap in Osteoporosis Care

Ann Robinson FNP, Metabolic Bone & Endocrine Nurse-led Clinic, Gold Coast, QLD, Australia

All sessions are virtual and on-demand via ENDO2021 Registration
ENS Program supported by:



ENS BOARD

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RESEARCH:	Andrew Dwyer PhD FNP-BC, Massachusetts	MEMBERSHIP:	Gala Woitte RN, South Dakota
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Call for Abstracts—Deadline Extended!

ENS 2021 will be held virtually & on-demand during ENDO2021 March 20-23

We invite all ENS members to submit an abstract for the ENS Annual Meeting to share your expertise. Abstract categories: Research, Case study, Informational

Research Grant \$2,000 available – see endo-nurses.org for details

Submission deadline (abstracts & grant): February 1st [ENS Abstract Submission](#)

Please note that projects do not need to be completed at the time of submission but are expected to be completed by the poster deadline (March 1, 2021)

Questions or concerns? Contact Andrew Dwyer (andrew.dwyer@bc.edu)



DID YOU KNOW?

ENS functions solely on members who **volunteer** and donate time and expertise. ENS has no paid staff and no office space.

WHY VOLUNTEER?

Volunteering can open doors for you!

Meet new colleagues, build your resume, make new friends, expand your endocrine knowledge, influence global endocrine care, identify an outlet for your creativity.

Reimbursement provided for travel and accommodation costs to both the Annual Board meeting and Symposium and Fall Board meeting

INTERESTED?

CONTACT US: endocrinurses@gmail.com

From the President...

Dear Members,

At the time of our last newsletter the first wave of COVID-19 effects were sweeping the US, and the world. Now, 6 months later, we are still battling new waves and new variants. Many endocrine nurses were tasked to provide support for COVID-19 testing and/or front line care. We salute one such exemplary endocrine nurse in this newsletter. Raven McGlotten MSN, RN has our appreciation and thanks both as a long time Board member of ENS, and for her service to our greater community during this pandemic. Now, as COVID inoculations are being rolled out across the nation, the front line of care is from nurses, including endocrine nurses. We salute you all.

Many of us have been granted emergency licensing in surrounding states as tele and virtual visits have become an accepted norm. We have learned remote assessment and treatment and although we still have many months still to see us through this pandemic, the CMS rules to allow expanded access to care are set to eventually expire. ENS has been invited to participate in an alliance to lobby for the continuation of this access and reimbursement. Please e-mail us your thoughts and arguments for and against such an effort.

We also learned that the ENDO21 will be virtual again in March 2021. We will not have a live meeting but will have 4 hours of 'on demand' sessions with presentations by ENS members. Our Education Chair, Andrew Dwyer, is still accepting and assisting members to submit abstracts for posters. We will also hold an Annual General Meeting by Zoom on Saturday March 20th at 5pm EST. **Please view our 'on demand' sessions.** It is essential for us to show we have support enough to participate in future events such as the anticipated live ENDO 2022 in Atlanta.

AACE has again invited us to participate in their Cardiometabolic Conference in October 2021. We had 3 members as presenters last year which was a great success. Watch this space for more information. If you have expertise you wish to share, please e-mail us.

ENS continues grow and reach out. We are expanding our social media. If you haven't visited our Facebook page, please do. Let us know what is important to you and share your expertise. We are always welcoming of members who would like to participate in board activities and promote and celebrate our chosen profession. If you have expertise in social media, web design, membership recruitment, we are looking for you! Contact us.

As always we welcome all your input and support and hope you can participate in furthering our mission. Stay Safe

Chris Yedinak



MAKE A DONATION

Your tax-deductible donation to ENS will help Advance Endocrine Nursing & Improve Patient Outcomes

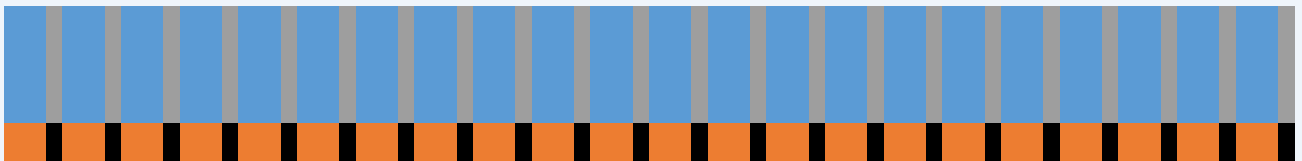
- ENS 501(c)(3) non-profit society
- ENS is staffed by members who volunteer
- Funded by tax-deductible donations
- ENS has no office space and no employees

All donations are tax deductible as a charitable contribution.

[Click Here to Donate](#)

MISSION

- To advance the highest standards of endocrine nursing practice, education, and research
- To promote healthy lifestyle choices in the prevention and management of endocrine-related health disorders
- To facilitate communication among its members, support interdisciplinary collaboration, and provide a forum



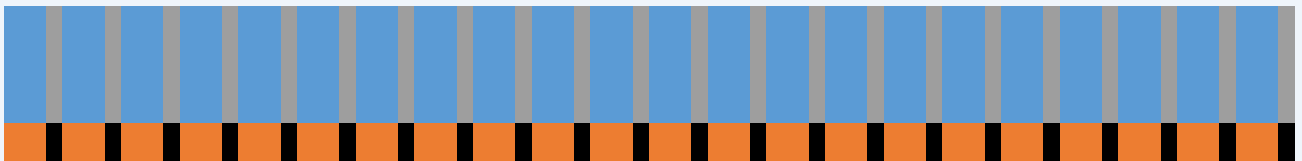
ENS Position Statement

ENS has received a draft position statement on transgender and gender diverse care submitted by members Andrew Dwyer & Debra Greenspan. We have engaged patient stakeholders and a diverse group of providers across disciplines for input.

The position statement is being reviewed by many global organizations and will be available soon.



Keep an eye out for an email regarding further education on transgender care from ENS!



Our Endocrine Patients' Safety

Much information is available for general precautions. However, many questions have been raised as to the vulnerability of our patients with endocrine disorders. Much is still unknown.

Below are recommended **sites to visit for some guidance** with specific patient populations re COVID-19. We will continue to update these based on new information or in response to your questions and recommendations.

Please email us at endocrinenurses@gmail.com

General: https://www.ese-hormones.org/media/2223/covid-and-endocrine-diseases-ese-statement-final_23032020.pdf

Diabetes: Diabetes Disaster Response Coalition.

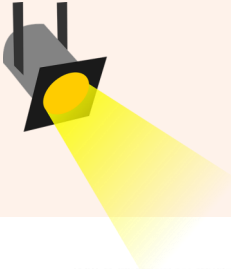
<https://beyondtype1.org/ddrc-coronavirus-response/>

A letter template for providers from the ADA legal advisory committee is included in the members only section, to inform employers of patient risk profile.

Adrenal Insufficiency/glucocorticoid use:

<https://endocrinenews.endocrine.org/individuals-taking-class-of-steroid-medications-at-high-risk-for-covid-19/>

https://www.endocrinology.org/media/3566/sfe-covid-19-advice-statement-for-adrenal_pituitary-insufficient-patients-2020.docx



Member Spotlight

An Endocrine Nurse and a Public Health Responder – Notes from the Field

While I spend most of my workdays as a research nurse for the National Institute of Diabetes and Digestive and Kidney Disease at the NIH, I have also been an officer in the U.S. Public Health Service Commissioned Corps for over 12 years. The U.S. Public Health Service Commissioned Corps, sometimes referred to as ‘Americas Health Responders’, were called upon in numerous ways, to fulfil numerous needs during the COVID-19 pandemic. As a nurse, I was deployed 3 times to different locations in the US to assist with missions from public health education, to augmenting hospital medical-surgical staffing needs. This work was both hard and rewarding. While my ‘day job’ as an endocrine nurse seemed to take a back seat at time, I was also grateful for my in depth endocrine knowledge, and how it could aide me in diverse settings throughout the country. I found myself using my knowledge of new diabetic treatment options, transgender care, and hyponatremia useful in the field, and I was eager to share it with the new friends I made along the way. This also highlighted for me the importance of continuing to develop and spread with educational topics to our nurse colleagues in every setting. I have never been prouder of both my role as an endocrine nurse and as a US public health service officer

LCDR Raven McGlotten

