

# ENS INSIGHTS—Spring 2020

[www.endo-nurses.org](http://www.endo-nurses.org)

[endocrinenurses@gmail.com](mailto:endocrinenurses@gmail.com)

## 30th ENS ANNUAL SYMPOSIUM 2020: San Francisco

**was cancelled due to  
the COVID-19 pandemic**

**Please stay healthy and  
safe!**

**SAVE THE DATE  
for San Diego  
March 20-23,  
2021!**



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## IN THE NEWS

[FDA Approves Biologic  
Teprotumumab, First Drug  
for Thyroid Eye Disease](#)

[Glucose Control Key with  
COVID-19 in Diabetes, Say  
Experts](#)

[Coronavirus Disease  
\(COVID-19\) Advice for the  
Public](#)

[Coronavirus Disease  
\(COVID-19\) Information for  
Healthcare Professionals](#)

[COVID-19 Info from ADA](#)

## Election Results

Secretary:

Melanie Westfall

Member at large:

Raven McGlotten

President Elect:

Chris Yedinak



The ENS board is discussing the regional meeting for fall 2020. Would you prefer a virtual meeting or a face to face event? Please send comments or suggestions to: [endocrinurses@gmail.com](mailto:endocrinurses@gmail.com)

### ENS BOARD 2019-2020

<b>PRESIDENT:</b>	Christine Yedinak DNP FNP-BC MN RN, Oregon	<b>PAST PRESIDENT:</b>	Joan Damon-Simon MBA RN, Texas
<b>SECRETARY:</b>	Melanie Westfall MSN FNP-C, Oregon	<b>TREASURER:</b>	Molly Solares RN, Arizona
<b>PROGRAM:</b>	Michele Mims RN, Tennessee	<b>MEMBER-AT-LARGE:</b>	Raven McGlotten MSN RN, Maryland
<b>RESEARCH:</b>	Andrew Dwyer PhD FNP-BC, Massachusetts	<b>MEMBERSHIP:</b>	Gala Woitte RN, South Dakota
<b>DEVELOPMENT:</b>	Daphne Adelman MBA, BSN, Illinois	<b>EDUCATION:</b>	Kathryn Evans Kreider DNP FNP-BC BC-ADM, North Carolina Alicia Fields DNP FNP-C RYT, Indiana

## 2020 Awards and Grants

The Betsy Love McClung award will be held until next year.

In lieu of poster awards this year, ENS will assist with publication of a manuscript.

## Endocrine Nursing Textbook

### Available for Order

This textbook is an international collaboration by endocrine nurses from around the world. Many of our ENS members contributed.

**Advanced Practice in Endocrinology Nursing**

[Amazon](#)

[Springer](#)

The topics requested for continuing education  
by our members:  
Cushing's Disease, Adrenal Insufficiency,  
Pituitary Adenomas, Vitamin D Deficiency, PCOS

If you have experience with developing continuing education and/or would like to be a content expert for the development, please email [endocrinenurses@gmail.com](mailto:endocrinenurses@gmail.com)

*President's Report from the Annual General Meeting  
March 28, 2020*

- ◆ Sadly, the 2020 Endocrine Society and endocrine nurses Society conference and 30<sup>th</sup> celebration has been postponed till 2021 due to the COVID-19 pandemic
- ◆ The 2019 ENS meeting in New Orleans included First Alliance conference with Acromegaly Society and the Pituitary Society- ENS supported 8 poster presentations
- ◆ Achieved two regional symposiums: 1st in Arizona in March 2019 and 2nd in Houston in October 2019
- ◆ Expanded committees and memberships: 6 committees and 14 committee members
- ◆ Membership growth of 50% over previous 2 years
- ◆ We expanded membership categories: students, retired and associated memberships including PAs, LPN
- ◆ More visibility with associate societies such as FINE, ISE, Pituitary Society, AACE
- ◆ Multiple collaborative projects: AACE, SW diabetes Symposium and Metabolic Institute American Conference. X 2 patient Education projects and joined Vision Health Advocacy Coalition re endocrine related eye diseases
- ◆ Website revisions, new pages now mobile friendly
- ◆ Launch of Endocrine Nursing Textbook, ENDO and ECE - 35,000 downloads
- ◆ ENS philanthropic endeavors: the Certia Medico clinic in Bolivia
- ◆ Some Projected goals for 2020/2021: National /International certification for nurses in endocrinology and publishing a Journal for Endocrine Nursing.





## Forum! Forum! Write All About It!

Just a reminder that on the ENS website under the Members Only tab there is a Forum page. This is a great place to ask any questions, contribute your suggestions, and add any comments that you might have. This is a fantastic resource for members to share their experiences, learn from each other, and build a community. Just hit the Subscribe button in the Forum tab to receive notifications when a new post has been added. Let's all take advantage of this feature to help all members of ENS grow and learn together!

<https://www.endo-nurses.org/page-1255233>

## COVID-19 Resources: Telehealth, Updates and More

AACE has created a comprehensive AACE COVID-19 webpage that serves as a hub for updates and resources that can help you and your patients during these trying times.

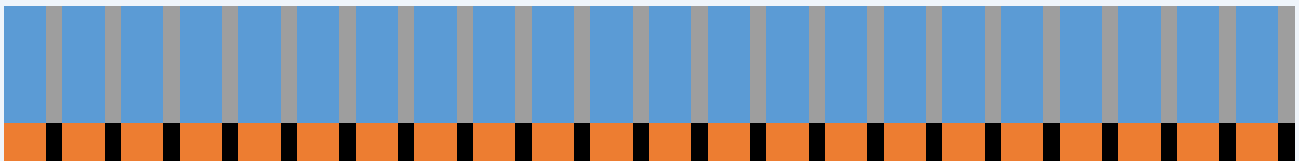
Recently added information includes:

- ◆ Position Statement: COVID-19 and People with Adrenal Insufficiency and Cushing's Syndrome, which provides precautions and recommendations for people with adrenal insufficiency or Cushing's syndrome, as these groups are at higher risk of respiratory infections or complications with COVID-19.
- ◆ Telehealth/Telemedicine resources, including COVID-19 specific advice as well as practical guides and online CME learning tools on incorporating telemedicine into your practice.

<https://www.aace.com/covid-19>

## The Diabetes Disaster Response Coalition Coronavirus Response

<https://beyondtype1.org/ddrc-coronavirus-response/>



# From the Research Chair..

Since taking on the role as Research Chair in October of 2019, I have been speaking with member to identify new ways to support the members in submitting poster submissions and grant applications. My primary focus is to “demystify” research and work to engage the membership to explore research, quality improvement projects and evidence based practice as important ways we can contribute to nursing knowledge and improve care for our endocrine patients. Some specific goals and activities for 2020-2021 include:

- Early announcements for ENS poster abstracts, travel grants, & research grant
- Providing mentoring for those new to research to help members show their work in posters and research projects
- Creating a streaming video for the website describing different types of posters & “how-to” relevant for all levels of nursing practice and research experience
- Develop an ENS poster templates for first time presenters
- Provide a virtual info session for learning about research grants and feedback
- Sending e-mail blasts leading up to the meeting encouraging submissions and providing reminders of awards

I serve as Research Chair in several other organizations and I look forward to bringing lessons learned to the ENS. I am eager to work together to enhance the visibility of endocrine nursing research. One of my areas of interest is using community engagement and co-creation with patient organizations to develop innovative solutions for unmet needs. Here is an example of this work that I recently published with the patient organization I work with (HYPOHH).

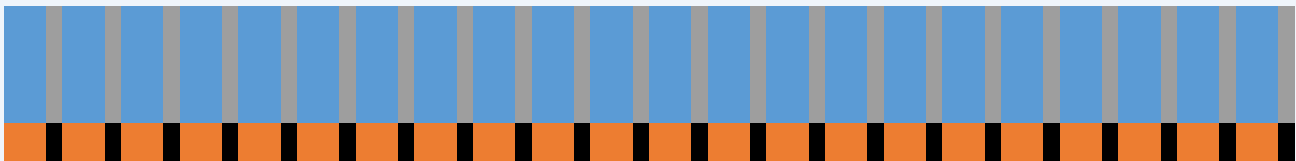
<https://www.frontiersin.org/articles/10.3389/fendo.2019.00353/full>

I look forward to seeing you in San Diego in 2021! [Click here](#)

Best regards,



Andrew Dwyer, PhD, FNP-BC, FNAP  
Assistant Professor, Boston College  
MGH-Harvard Center for Reproductive Medicine  
MGH Munn Center for Nursing Research



# ENDO 2020 Refund Options

Requests can be made by clicking the link received via email or by calling [774-247-4000](tel:774-247-4000), Monday - Friday, 9:00 am to 5:00 pm EDT or email: [ENDO@xpressreg.net](mailto:ENDO@xpressreg.net)

As you know, we made the difficult decision to cancel ENDO 2020.

Since you have already registered, we want to let you know what to do next. Please note, all product purchases of ESAP, Pediatric ESAP and MTP will be deducted from each of the options below and shipped to you free of charge.

## 1. Defer your registration to 2021

If you are able, we would appreciate you deferring your registration until next year. ENDO 2021 will be held March 20 – 23 in San Diego, CA. We will apply your ENDO 2020 registration as payment in full for ENDO 2021. By deferring your registration, you will not be subject to any fee increase for the 2021 meeting.

## 2. Donate your registration to the Endocrine Society

By converting your registration fee into a tax-deductible donation, you will support the Endocrine Society and its mission to unite, lead and grow the endocrine community, to accelerate scientific breakthroughs and improve health worldwide. As a thank you, you will be able to register for ENDO 2021 at the ENDO 2020 rate.

## 3. Request a refund

We will refund your registration fees.

Please [click here](#) to submit your chosen request.

*If we do not hear from you by April 30, 2020, any monies paid to the Endocrine Society for ENDO 2020 registration will be automatically refunded less any products purchased.*

Thank you for your continued support of the Endocrine Society. We look forward to your participation and attendance at ENDO 2021.

Best wishes,

Endocrine Society

# ENDO Online 2020



## ENDOOnline2020

**ENDO Online 2020** is the premier opportunity to discover the latest advancements in hormone science and medicine. Join us virtually June 8-22 for a mixture of live and on-demand programming, ensuring researchers, clinicians, and advanced practice professionals have access to the latest updates in hormone science and health.

Our program this year is highlighted by several exciting sessions, including:

**Transcending Boundaries: How to Effectively Build Global Networks and Partnerships | On-demand**

We live in an increasingly connected world where science and medicine are not limited by borders. Research and clinical collaborations provide opportunities to foster innovation, enhance patient care, and increase opportunities for peer-mentoring. In this session, you will learn from globally connected endocrine professionals who will share their insight on how to effectively build global networks that support collaboration and innovation.

**Breaking Bad: Reducing Glucose Variability and Increasing Time in Range in Patients with Diabetes | June 10, Noon ET**

In this continuing education program, key opinion leaders will discuss the scientific basis and clinical integration of diabetes technology and time in range in their day-to-day practice.

**Breaking the Cycle: Approaches to Long-term Weight Loss and Obesity Care | June 11, Noon ET**

Through multiple educational approaches to engage learners in an interactive discussion, this continuing education program will focus on evidence-based methods for addressing obesity and managing comorbidities in a compassionate manner.

Register for ENDO Online 2020 to take advantage of these upcoming education opportunities today!

[Click here to register!](#)